

## The Gathering at Northern Hills, A Unitarian Universalist Community



# The Harbinger

*The Gathering at Northern Hills  
is a congregation  
of free people*

*As such, we celebrate  
diversity and welcome to our  
services all persons,  
irrespective of race, ethnicity,  
disability, sexual orientation,  
or faith.*

*We invite and welcome to our  
membership those in agree-  
ment with our purposes and  
principles.*

**Website:**

<http://www.gnhuu.org>

**Join GNH Sunday  
Morning Services  
at 10:45**

**or Join GNH on Zoom**

<https://zoom.us/j/91833287637>

**Please email  
gnhuu460@gmail.com  
to receive additional  
Church information**



# Sanctuary Services

Office Hours: Tuesday and Thursday  
11:am - 4:00 PM

Join GNH Zoom Sunday Morning Service Meeting

<https://zoom.us/j/91833287637>

*GNH currently offers hybrid services.*

You may attend in our sanctuary or online via our Zoom Link:

**All past service videos can be found on the church webpage: [gnhuu.org](http://gnhuu.org)**

Click where it says "**View the latest service videos here**" and the most recent service video will appear. At the top right of the video you will see a three line icon, click this to access other service videos.

## Masks Consideration

[COVIDACTNOW.org](http://COVIDACTNOW.org) states that our area is at a **MEDIUM** level of community risk for COVID,  
Please consider your personal situation and make the choice that is right for you.

## **SUNDAY MORNING SERVICES** **Month of August**

**This Sunday, August 24, 2025**, Guest speaker **Sarah Zawalny**, Clinical Program Manager of the Cincinnati Children's Hospital Medical Center, will present on "**Understanding Gun Violence Through Trauma and Social Inequality**"

**Next Sunday, August 31, 2025**, Our own Michael Tacy will step to the podium to talk about "**Transformations and Transcendence**".

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## **Hygiene Kits on September 14, 2025**

We will assemble Hygiene Kits on **September 14** after the service. We hope you can join us in this valuable service to the Lighthouse Sheakley Center for Youth.

## How We Can Help VICRC



When several members of our Women's Action Group toured Valley Interfaith Community Resource Center in July, we discovered that paper products and cereal are especially useful donations since Valley has to pay for these products from the Free Store. Any kind of pasta is also a welcome donation, as well as monetary contributions. Go to [vicrc.org](http://vicrc.org) for more information.

VICRC is getting ready for an extensive building renovation, and will temporarily have less room for storing inventory other than food. As a result, they have set up a Pilot Partnership with St. Vincent De Paul who will assist with collecting their donations.

VICRC members will have more inventory selection in Valley's onsite pantry after renovations (and still have access to shop for free during renovations while inventory is limited). Pre-qualified members with larger families will be provided with vouchers to shop at St. Vincent De Paul stores, allowing them freedom and flexibility.

## Grant Money

We are presently seeking grant money to continue this important activity in the upcoming months.

The joint project with Lighthouse was initiated in 2012 supported by the Jack J. Smith Charitable Fund. We are seeking renewal but due to uncertainty, we would like to identify other sources.

If you know of any, contact Pete Patterson.

[peterdpatterson52@gmail.com](mailto:peterdpatterson52@gmail.com)

## Kroger Community Rewards Program: GNH's Latest Quarterly Dividend

GNH has received a dividend of **\$46.31** from Kroger for the quarter beginning **May 1, 2025**, through **July 31, 2025**. This amount is based on **28** GNH households registered for the Kroger Community Rewards Program and how much they purchased with their Kroger Plus Cards during that period.

### Register Your Kroger Plus Card to Support GNH!

You can help earn “FREE” money for GNH’s support of local charities, including UpSpring, Sweet Cheeks Diaper Bank, Lighthouse, and Valley Interfaith Community Resource Center. If you shop at Kroger and have a Plus card, but haven’t registered for this easy way to support GNH’s outreach projects, go to [www.kroger.com/communityrewards](http://www.kroger.com/communityrewards) and follow the links. **Please sign up for the former Northern Hills Fellowship and use our NPO# SR254.** If you need help or have questions about registering, contact Betsy Anderson or Pete Patterson, or call Kroger’s tech team at 1-866-221-4141. Thank you for your support!



## **TUESDAY DISCUSSION GROUP**

**Every Second Tuesday  
Discussion via Zoom**

**The next meeting will be on The Second Tuesday,  
September 9, 2025  
from 3:00 to 4:00 pm via Zoom.**

**The discussion may range freely, but we will start by  
giving thoughts on “Abundance.”**

This is an informal meeting of a casual group of GNH members and friends.  
**ALL are welcome and encouraged to join this session.**

If you are not already on the mailing list to receive the Zoom link and preparation email, contact Susanne Bjorner [susanne.bjorner@gmail.com](mailto:susanne.bjorner@gmail.com) or Sue Cline [scline0149@gmail.com](mailto:scline0149@gmail.com).

## **Lighthouse Shelter for Youth**

**September 15, 2025,  
Third Monday of the Month, at 12:00 PM.**

**All drop off food is welcome.  
Cook and/or Serve Lunch for homeless youth**

***We arrive at the Lighthouse at 11:30 and serve at noon.  
Contact Cheryl if anyone wants to donate food.***

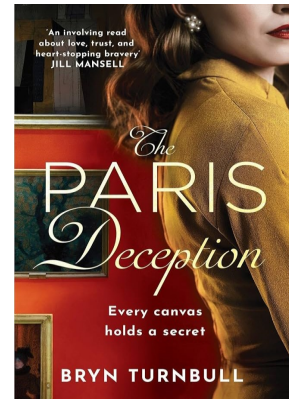
## Book Club,

Will Meet on the 1st Friday each month

*September 5, 2025*

GNH Quimby Room at 1:00 PM

September 5 The Paris Deception  
by Bryn Turnbull



October 3 The Radium Girls by Kate Moore

November 7 The Other Einstein by Marie Benedict

December 5 James by Percival Everett

January 2 20206 Belgravia by Julian Fellowes

# GNH BOOK CLUB

# GNH Community Garden

If anyone is done using their (working) mower and willing to donate it to the church, the Community Garden team would deeply appreciate receiving it as a donation. We need to be able to mow the second half of the space inside the fence, and the mowing team has too big a mower for the existing gates. Please contact **Lindsey Johnson (802)342-0519** if you have questions or to arrange for pickup.



**GNH COMMUNITY GARDEN ... Calling all Gardeners!**

It's time to start working on our Community Garden!

More information to come in the next Harbinger



## GNH CARE TEAM

### For Emergency Contact Information

We would like to keep basic emergency contact information for any member who lives alone or anyone who feels they would like the Care Team to have the information. This would include a family member or friend who could be contacted if there is some concern when someone has not been seen at services & has had no contact with anyone for a while. Participation is purely voluntary. If you are interested please contact your Care Team members through our designated email ([gnhcareteam@gmail.com](mailto:gnhcareteam@gmail.com)) or speak to one of us at services.

Anita, Becky, Betsy, Linda, Marti, Sue Woodruff, Susanne Bjorner, Ruth

### CARE TEAM BIRTH DATES REQUEST

The Care Team would like to get birthdates for as many members as we can who would like to receive greetings on their birthday. We ask that you email the Care Team with your birth date. Including the year would be optional. "The Care Team would like to celebrate you on your birthday.

Please send your birth date (year is optional) in an email to the Care Team at [gnhcareteam@gmail.com](mailto:gnhcareteam@gmail.com) if you would like to receive birthday greetings. If you have a birthday list you are willing to share we would surely appreciate it. "Please contact Ruth Kraus at [ruth.kraus@yahoo.com](mailto:ruth.kraus@yahoo.com) if you have any questions.



***There is a basket at the back of the sanctuary for anyone who would like to donate cards for the Care Team's use. All donations will be appreciated.***

## THOUGHTS AND PRAYERS

**Please offer prayers and good thoughts  
For all our members' and friends' peace and wisdom**

**Please contact Adrienne at [ghnuu460@gmail.com](mailto:ghnuu460@gmail.com)  
If you know of any member or friend with care needs.**

## Ways to give to GNH

GNH is grateful for all those who have kept up with their pledges during the pandemic and days of virtual services.

As you know, there are several ways to give of your financial resources to GNH:

- Mail a check to GNH.
- Ask your bank or credit union to mail a monthly check automatically. Many banks do not charge fees for this service. Check with your bank.
- Set up monthly or quarterly automatic payments from your investment accounts. Talk to your financial adviser.
- ◊ Use our online giving app, Givelify. Set up your personal confidential account at <https://giv.li/phv85g>. Download the Givelify app to your smartphone using the Apple Store or Google Play. Once you have the app, donating to GNH is as easy as Tap. Give. Done. (Note that Givelify charges GNH a transaction fee of 2.9% on each transaction, so you may want to increase your online donation by a small percentage to compensate.)

## **NEWSLETTER POLICY (September 2008)**

All items that appear in the Harbinger should be of general interest to the members and friends of GNH and be consistent with GNH's mission, purposes, and policies.

Newsletter submission should be as brief as possible, with a 500 word maximum. The editor has the right and responsibility to edit as needed to ensure conciseness and readability. The editor also has the right to delay publishing non-time-critical articles as available space may require.

The newsletter editor may refuse publication if a submission is considered inappropriate.

The editor shall consult with the minister and the Trustee who holds the communication portfolio for guidance in what shall be published.

Members of GNH shall have the choice to receive the Harbinger electronically or via paper mail. The newsletter shall be posted on the website. Do not submit names or contact information without the consent of other persons.

The Harbinger mailing list shall not be used for business purposes or for any type of mailings

## **The Gathering at Northern Hills, A Unitarian Universalist Community**

**460 Fleming Road  
Cincinnati, Ohio 45231**

**Phone: 513-931-6651  
Email: gnhuu460@gmail.com**

## **OFFICE HOURS**



## **NEXT Harbinger**

**Our Next Harbinger will be  
Tuesday, September 2, 2025**

**Please have all articles to the  
office by  
10 a.m. by the deadline, Monday,  
September 1, 2025 before the  
Harbinger is published.**

**Space can be  
reserved on the rare occasion an  
article needs to be late.**