Volume 15 August 5, 2025

The Gathering at Northern Hills, A Unitarian Universalist Community



# The Harbinger

The Gathering at Northern Hills is a congregation of free people

As such, we celebrate diversity and welcome to our services all persons, irrespective of race, ethnicity, disability, sexual orientation, or faith.

We invite and welcome to our membership those in agreement with our purposes and principles.

Website:

http://www.gnhuu.org

Join GNH Sunday Morning Services at 10:45

or Join GNH on Zoom <a href="https://zoom.us/j/91833287637">https://zoom.us/j/91833287637</a>

Please email gnhuu460@gmail.com to receive additional Church information



MAY WE THINK
OF FREEDOM,
NOT AS THE RIGHT TO DO
AS WE PLEASE, BUT AS THE
Opportunity
TO DO WHAT IS RIGHT.

PETER MARSHALL



### **Sanctuary Services**

#### **Join GNH Zoom Sunday Morning Service Meeting**

https://zoom.us/j/91833287637

GNH currently offers hybrid services.

You may attend in our sanctuary or online via our Zoom Link:

#### All past service videos can be found on the church webpage: gnhuu.org

Click where it says "View the latest service videos here" and the most recent service video will appear. At the top right of the video you will see a three line icon, click this to access other service videos

#### **Masks Consideration**

COVIDACTNOW.org states that our area is at a MEDIUM level of community risk for COVID,

Please consider your personal situation and make the choice that is right for you.

#### **UPCOMING SUNDAY SERVICES**

#### This Sunday, August 10, 2025

Guest speaker **Amy Delgado**, mother of a child with spina bifida in Cincinnati and advocate for inclusion. She will speak on "**Accessibility & Inclusion That Leads to Belonging.**" What people with disabilities want is similar to what all of us want: to belong. To feel a part of the greater whole. To be a valued part of the community. To be seen as the complex, intersectional person that they are. We will talk about how each of us can help create spaces and communities that facilitate this type of inclusion and belonging.

### Next Sunday, August 17, 2025

**James Talarico,** Texas State Representative and Presbyterian minister-in-training, will provide a thoughtful message "On Church and State, Faith and Politics." A video presentation followed by our usually enlightening GNH congregational conversation.

### Sunday, August 24, 2025

Guest speaker **Sarah Zawalny**, Clinical Program Manager of the Cincinnati Children's Hospital Medical Center, will present on "**Social Determinants of Gun Violence**".

### Sunday, August 31, 2025

Our own Michael Tacy will step to the podium to talk about "Transformations and Transcendence".

### **How We Can Help VICRC**



When several members of our Women's Action Group toured Valley Interfaith Community Resource Center in July, we discovered that paper products and cereal are especially useful donations since Valley has to pay for these products from the Free Store. Any kind of pasta is also a welcome donation, as well as monetary contributions. Go to vicro.org for more information.

VICRC is getting ready for an extensive building renovation, and will temporarily have less room for storing inventory other than food. As a result, they have set up a Pilot Partnership with St. Vincent De Paul who will assist with collecting their donations.

VICRC members will have more inventory selection in Valley's onsite pantry after renovations (and still have access to shop for free during renovations while inventory is limited). Pre-qualified members with larger families will be provided with vouchers to shop at St. Vincent De Paul stores, allowing them freedom and flexibility.

### **Grant Money**

We are presently seeking grant money to continue this important activity in the upcoming months.

The joint project with Lighthouse was initiated in 2012 supported by the Jack J. Smith Charitable Fund. We are seeking renewal but due to uncertainty, we would like to identify other sources.

If you know of any, contact Pete Patterson.

peterdpatterson52@gmail.com

#### **TUESDAY DISCUSSION GROUP**

### **Every Second Tuesday Discussion via Zoom**

The next meeting will be on The Second Tuesday, August 12, 2025

from 3:00 to 4:00 pm via Zoom.

The discussion may range freely, but we will start by giving thoughts on "Abundance."

Parker J. Palmer has written: "Abundance has always been summer's keynote. The forest filled with undergrowth, the trees with fruit, the meadows with wild flowers and grasses, the garden with zucchini, and the yard with weeds." What abundance are you feeling this summer?

This is an informal meeting of a casual group of GNH members and friends. **ALL are welcome and encouraged to join this session.** 

If you are not already on the mailing list to receive the Zoom link and preparation email, contact Susanne Bjorner <a href="mailto:susanne.bjorner@gmail.com">susanne.bjorner@gmail.com</a> or Sue Cline <a href="mailto:scline0149@gmail.com">scline0149@gmail.com</a>.

### **Lighthouse Shelter for Youth**

August 18, 2025,
"NEW DATE"

Third Monday of the Month, at 12:00 PM.

All drop off food is welcome.

Cook and/or Serve Lunch for homeless youth

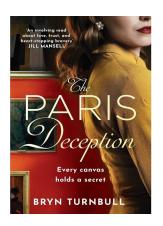
We arrive at the Lighthouse at 11:30 and serve at noon. Contact Cheryl if anyone wants to donate food.

### **Book Club,**

### Will Meet on the 1st Friday each month September 5, 2025

**GNH Quimby Room at 1:00 PM** 

September 5 <u>The Paris Deception</u> by Bryn Turnbull



October 3 <u>The Radium Girls</u> by Kate Moore November 7 <u>The Other Einstein</u> by Marie Benedict December 5 <u>James</u> by Percival Everett January 2 20206 <u>Belgravia</u> by Julian Fellows



### **GNH Community Garden**

If anyone is done using their (working) mower and willing to donate it to the church, the Community Garden team would deeply appreciate receiving it as a donation. We need to be able to mow the second half of the space inside the fence, and the mowing team has too big a mower for the existing gates. Please contact **Lindsey Johnson (802)342-0519** if you have questions or to arrange for pickup.

### **GNH COMMUNITY GARDEN ... Calling all Gardeners!**

It's time to start working on our Community Garden!

More information to come in the next Harbinger





## **GNH CARE TEAM**For Emergency Contact Information

We would like to keep basic emergency contact information for any member who lives alone or anyone who feels they would like the Care Team to have the information. This would include a family member or friend who could be contacted if there is some concern when someone has not been seen at services & has had no contact with anyone for a while. Participation is purely voluntary. If you are interested please contact your Care Team members through our designated email (<a href="mailto:gnhcareteam@gmail.com">gnhcareteam@gmail.com</a>) or speak to one of us at services. Anita, Becky, Betsy, Linda, Marti, Sue Woodruff, Susanne Bjorner, Ruth

### **CARE TEAM BIRTH DATES REQUEST**

The Care Team would like to get birthdates for as many members as we can who would like to receive greetings on their birthday. We ask that you email the Care Team with your birth date. Including the year would be optional. "The Care Team would like to celebrate you on your birthday.

Please send your birth date (year is optional) in an email to the Care Team at <a href="mailto:gmail.com">gmail.com</a> if you would like to receive birthday greetings. If you have a birthday list you are willing to share we would surely appreciate it. "Please contact Ruth Kraus at <a href="mailto:ruth.kraus@yahoo.com">ruth.kraus@yahoo.com</a> if you have any questions.

There is a basket at the back of the sanctuary for anyone who would like to donate cards for the Care Team's use. All donations will be appreciated.

### **THOUGHTS AND PRAYERS**

Please offer prayers and good thoughts
For all our members' and friends' peace and wisdom

Please contact Adrienne at ghnuu460@gmail.com

If you know of any member or friend with care needs.

### Ways to give to GNH

GNH is grateful for all those who have kept up with their pledges during the pandemic and days of virtual services.

As you know, there are several ways to give of your financial resources to GNH:

- Mail a check to GNH.
- Ask your bank or credit union to mail a monthly check automatically. Many banks do not charge fees for this service. Check with your bank.
- Set up monthly or quarterly automatic payments from your investment accounts. Talk to your financial adviser.
- Use our online giving app, Givelify. Set up your personal confidential account at <a href="https://giv.li/phv85g">https://giv.li/phv85g</a>. Download the Givelify app to your smartphone using the Apple Store or Google Play. Once you have the app, donating to GNH is as easy as Tap. Give. Done. (Note that Givelify charges GNH a transaction fee of 2.9% on each transaction, so you may want to increase your online donation by a small percentage to compensate.)

#### **NEWSLETTER POLICY (September 2008)**

All items that appear in the Harbinger should be of general interest to the members and friends of GNH and be consistent with GNH's mission, purposes, and policies.

Newsletter submission should be as brief as possible, with a 500 word maximum. The editor has the right and responsibility to edit as needed to ensure conciseness and readability. The editor also has the right to delay publishing non-time-critical articles as available space may require.

The newsletter editor may refuse publication if a submission is considered inappropriate.

The editor shall consult with the minister and the Trustee who holds the communication portfolio for guidance in what shall be published.

Members of GNH shall have the choice to receive the Harbinger electronically or via paper mail. The newsletter shall be posted on the website. Do not submit names or contact information without the consent of other persons.

The Harbinger mailing list shall not be used for business purposes or for any type of mailings

The Gathering at Northern Hills, A Unitarian Universalist Community

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**OFFICE HOURS** 



### **NEXT Harbinger**

Our Next Harbinger will be Tuesday, August 19, 2025

Please have all articles to the office by
10 a.m. by the deadline, Monday,
August 18, 2025 before the
Harbinger is published.
Space can be
reserved on the rare occasion an article needs to be late.