

The Gathering at Northern Hills, A Unitarian Universalist Community



The Harbinger

*The Gathering at Northern Hills
is a congregation
of free people*

*As such, we celebrate
diversity and welcome to our
services all persons,
irrespective of race, ethnicity,
disability, sexual orientation,
or faith.*

*We invite and welcome to our
membership those in agree-
ment with our purposes and
principles.*

Website:

<http://www.gnhuu.org>

**Join GNH Sunday
Morning Services
at 10:45**

or Join GNH on Zoom

<https://zoom.us/j/91833287637>

**Please email
gnhuu460@gmail.com
to receive additional
Church information**



Memorial Day weekend is the unofficial three-day weekend that kicks off the summer season. It's also the weekend when Americans honor the men and women who died while serving in the armed services.

Across the nation, people will visit cemeteries, attend memorial tributes and participate in parades as a way of honoring and remembering those service members' sacrifices.

Sanctuary Services

Join GNH Zoom Sunday Morning Service Meeting

<https://zoom.us/j/91833287637>

GNH currently offers hybrid services.

You may attend in our sanctuary or online via our Zoom Link:

All past service videos can be found on the church webpage: gnhuu.org

Click where it says **"View the latest service videos here"**

and the most recent service video will appear.

At the top right of the video you will see a three line icon,

click this to access o

ther service videos.

Masks Consideration

COVIDACTNOW.org states that our area is at a **MEDIUM**

level of community risk for COVID,

Please consider your personal situation and

make the choice that is right for you.

UPCOMING SUNDAY MESSAGE

This Sunday, May 25, 2025, 200 Years: Observing the Bicentennial of the American Unitarian Association. Member Khoa Lewis will lead us in celebrating 200 years of Unitarian Universalism in America, from William Ellery Channing's pivotal sermon to our recently re-envisioned principles.

Next Sunday, June 1, 2025, Celebrating Pride Month

Sunday, June 8, 2025, "Here We Must Begin: Celebrating Flower Communion

Help us celebrate the Unitarian Universalist tradition of flower communion by bringing a flower from your garden or from your journey to The Gathering. Diane Wright will lead us in the tradition of bringing a flower, and taking a flower brought by someone else, which binds our community.

Sunday, June 15, 2025, Michael Tacy steps to the podium to deliver a message that touches on Father's Day.

Sunday, June 22, 2025, "UUA General Assembly Special Service"

Featuring a message by Rev. Dr. Nicole C. Kirk and music joined by hundreds of voices.

Sunday, June 29, 2025, "The Four Agreements"

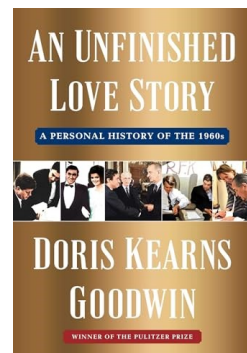
"We'll explore *The Four Agreements* by Don Miguel Ruiz—simple yet powerful principles that offer a path to deeper inner peace. We can break free from limiting beliefs and transform the way we relate to ourselves and others. This isn't just self-help philosophy—it's a practical guide to living with integrity, clarity, and intention in a noisy and reactive world."

VICRC Open House--Wednesday, May 21, 11am - 1pm

For many years, we have partnered with Valley Interfaith Community Resource Center (VICRC) in Lockland to help our neighbors in need. VICRC is hosting an **Open House** with light bites on Wednesday, May 21, from 11:00 a.m. until 1:00 p.m. to celebrate their partners, give tours, share updates to projects, answer questions about Valley and describe additional volunteer opportunities. If you'd like to attend, please contact Betsy Anderson at mbanderson1@zoomtown.com so she can let Valley know how many to expect. Those attending can either carpool from GNH or drive on their own.

Book Club, 1st Friday of each month in GNH Quimby Room at 1:00 PM

June 6, 2025 – “An Unfinished Love Story” by Doris Kernes Goodwin



July 4, 2025 – “By The Fire We Carry” by Rebecca Nagle

August 1, 2025 – “Miss Benson's Beetle” by Rachel Joyce

GNH BOOK CLUB

Sunday, June 8, 2025, is Hygiene Kits Sunday

After the service on Sunday, June 8, we will assemble Hygiene Kits for the Lighthouse Sheakley Center for Youth. We will need 15 volunteers to assemble about 250 kits in the Quimby Room.

Plan to donate about an hour of your time to help out with this important Social Outreach activity. Join the fun!

Kroger Community Rewards Program: GNH's Latest Quarterly Dividend

GNH has received a dividend of **\$49.58** from Kroger for the quarter beginning **February 1, 2025**, through **April 30, 2025**. This amount is based on **28** GNH households registered for the Kroger Community Rewards Program and how much they purchased with their Kroger Plus Cards during that period.

Register Your Kroger Plus Card to Support GNH!

You can help earn "FREE" money for GNH's support of local charities, including UpSpring, Sweet Cheeks Diaper Bank, Lighthouse, and Valley Interfaith Community Resource Center. If you shop at Kroger and have a Plus card, but haven't registered for this easy way to support GNH's outreach projects, go to www.kroger.com/communityrewards and follow the links. **Please sign up for the former Northern Hills Fellowship and use our NPO# SR254.** If you need help or have questions about registering, contact Betsy Anderson or Pete Patterson, or call Kroger's tech team at 1-866-221-4141. Thank you for your support!



TUESDAY DISCUSSION GROUP

Every Second Tuesday

3:00 to 4:00 pm.

Discussion via Zoom

**The next meeting will be on Tuesday, June 10, 2025
from 3:00 to 4:00 pm via Zoom.**

This is a short, informal meeting of a casual group of GNH members and friends. ALL are welcome to join this session.

If you are not already on the mailing list to receive the Zoom link and preparation email, contact Susanne Bjorner susanne.bjorner@gmail.com or Sue Cline scline0149@gmail.com.

Lighthouse Shelter for Youth

June 11, 2025,

Every Second Wednesday of the Month, at 12:00 PM.

All drop off food is welcome.

Cook and/or Serve Lunch for homeless youth

We arrive at the Lighthouse at 11:30 and serve at noon.

Contact Cheryl if anyone wants to donate food.



GNH CARE TEAM

For Emergency Contact Information

We would like to keep basic emergency contact information for any member who lives alone or anyone who feels they would like the Care Team to have the information. This would include a family member or friend who could be contacted if there is some concern when someone has not been seen at services & has had no contact with anyone for a while. Participation is purely voluntary. If you are interested please contact your Care Team members through our designated email (gnhcareteam@gmail.com) or speak to one of us at services.

Anita, Becky, Betsy, Linda, Marti, Sue Woodruff, Susanne Bjorner, Ruth

CARE TEAM BIRTH DATES REQUEST

The Care Team would like to get birthdates for as many members as we can who would like to receive greetings on their birthday. We ask that you email the Care Team with your birth date. Including the year would be optional. "The Care Team would like to celebrate you on your birthday.

Please send your birth date (year is optional) in an email to the Care Team at gnhcareteam@gmail.com if you would like to receive birthday greetings. If you have a birthday list you are willing to share we would surely appreciate it. "Please contact Ruth Kraus at ruth.kraus@yahoo.com if you have any questions.



There is a basket at the back of the sanctuary for anyone who would like to donate cards for the Care Team's use. All donations will be appreciated.

Volunteers needed for Festival of Faiths
Sunday, June 22, 2025



Compassion through action: standing together for the greater

More info about the event is here:
<https://equasion.org/about-the-festival-2/>

The 8th annual Cincinnati Festival of Faiths will begin on Sunday, June 22 from 12:30 - 4:30 PM at the Cintas Center and continue with online programming. The festival is a celebration of all faiths where we can have fun and learn from one another.

"The best way to accept diversity of religion is to be educated about all the different religions."

Hi, wanted to ask that you check with your congregations and let me know by/during our meeting on Saturday 5/10 who would be interested in volunteering to be at **Festival of Faiths** on Sunday, June 22nd. The event runs 12:30pm to 4:30pm. I can be there for part of it, and Bob Lamb also plans to be there but would need to split his time between the UU table and the MARCC table.

But we will need additional volunteers if we are going to have a table.

Thank you
Pete Asman <asmanpeter@gmail.com>



UUA GENERAL ASSEMBLY

BALTIMORE • JUNE 18 - 22, 2025

The Final Agenda for UUA General Assembly 2025
is now available! This includes:

2025 Rules of Procedure

UUA Business Resolution: Continued Suspension of the General
Assembly Planning Committee

Consent Agenda: Bylaw Amendments – Technical Revisions and Clean-up

Proposed Congregational Study/Action Issues

Order of business during General Sessions

Information on the candidates in this election

Note that other items, such as Actions of Immediate Witness,
may be added during GA.

Final Agenda for General Assembly 2025

Prepared by the UUA Board of Trustees - May 2025

The Final Agenda includes the following items for delegates to discuss and vote on at General Assembly 2025 (GA), per UUA Bylaws Section 4.14: • Rules of Procedure • Business Resolution – Continued Suspension of the General Assembly Planning Committee • Consent Agenda: Bylaws Amendments – Technical Revisions and Clean-Up • Congregational Study/Action Issues Also included in this packet is the order of business. Note that other types of business items, such as Actions of Immediate Witness, may be added to the Final Agenda during GA. Voting Delegates will vote on Final Agenda items through the online Delegate Platform, which will verify their credentials. To access the Delegate Platform, delegates can use an electronic device, such as a computer, tablet, or smartphone. During GA, there will be a daily ballot link on the Delegate Platform with the items up for discussion that day. The ballot will open after the day's General Session has ended and remain open until 9:00 am ET the following day, or later if extended by the Moderator. If voting is required for a mini-assembly prior to GA, the ballot will open after the mini-assembly and remain open until twenty-four hours after it ends. All delegates may vote on all ballots, regardless of whether they attended the General Session or mini-assembly when the item was discussed. Amendments and Mini-Assemblies for Regular Business Items Delegates may submit amendments to items on the final agenda through the amendment submission form on the Delegate Platform (UUA Bylaws Rule 4.18.5). Each delegate may submit no more than one amendment for each of the regular business items, inclusive of amendments for the Rules of Procedure, the Bylaws Clean-up, and the Business Resolution. Amendments for these items must be submitted by 11:00 pm

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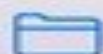
What's up in NC this...



Meet our Troublemaker of the week, Kimberly Tenai!

We are thrilled to spotlight Kimberly Tenai, who started the Liberals of Oak Island Troublenation group.

In under a year, the group has grown to over 500 members, with weekly events and a focus on helping the community through efforts such as a wildlife rescue fundraiser that raised \$8k. In addition, the group's *Operation Tampon Tim* delivers feminine hygiene products to four area food banks each month. She says, "I'm so proud of my group for spreading visibility in a loving way. We have to build bridges within the community to win this fight."



A note from MJ Pierson

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> First, I want to thank those of you who have tried to stay in touch. To Marti, Jack, the caring committee, and Betsy, I'm really sorry I haven't been back in touch with you. It's been difficult because we've been figuring out what's going on with me and it's been a lot of twist and turns.

>

> The end of the summer, I finally saw the Doctor about my right ankle. It had totally collapsed and according to the doctor, there really was nothing that could be done surgically to fix it. Since then my left ankle has started to collapse. It was the ankle Doctor Who suggested that perhaps there was more going on. He suggested Ehlers Danlos syndrome. The fascinating thing about that diagnosis is it explained so many of the things that happened to my health during my entire life. How many times had you all seen me in a boot because my ankle had been sprained? I really thought I was a klutz. Turns out my body had its own ideas. Ehlers Danlos is most known for people with hyper flexibility. I was double jointed my entire life. That's why the sprains strains and dislocations.

>

> The end of August, and throughout the fall, I was also dealing with new abdominal issues. I thought that the pain was too high to be a hernia, but it turns out hernias can be almost anywhere. The Ehlers Danlos is a connective tissue disorder. Turns out that it also explains the hernias I've had. I've been diagnosed with a rather large hernia just under my sternum. Good news is it's not where it will cause major problems by strangulating or anything like that. It has, however, had intermittent pain and has made it a little more difficult for me to get around.

>

> I'm in a holding pattern again. Sometime this summer there is a plan to do two abdominal surgeries at the same time. The first hernia surgeons I saw didn't want to do the surgery. I have several new doctors through UC. I will probably be out of commission for many months yet again after the surgery. In the meantime, I have to be very careful to not injure myself more.

>

> It's become difficult for me to get around. I use either a wheelchair or scooter. To transport either of those require someone who can lift them and put them in and out of a vehicle. Also, Sean is working most Sundays now. Many weeks he's working six 10 hour days. He has been wonderful at taking me places like doctors appointments, but we really don't have time to do much that Social. I don't know where I'd be without him.

>

> I do think of you all often. Keep me in your thoughts and prayers.

>

UU Booth at the FESTIVAL

Booth staffed in shifts from 9 a.m. to 8 p.m.

The annual **Cincinnati Pride Parade and Festival is Saturday, June 25, 2025**. In this era when there are sweeping anti-trans bills in state legislatures, and efforts to undermine the rights of all Lesbian, Gay, Bisexual, Trans and Queer persons, we are hoping for a huge showing of UUs!

UUs in the PARADE

Line Up starts at 10 a.m. Step Off is around 11 a.m.

The parade starts at 11:00 a.m. at 7th and Plum Streets downtown; be there by 10:00 to find parking and find the people in the yellow clothes and with the yellow banners in that vicinity. Our float will be a minivan with a huge flaming chalice on top. You can view the parade route at the Cincinnati Pride Parade information page here: <https://www.cincinnatipride.org>. Carpool, bicycle, bus, just be there!

For more information on UU involvement in the parade, contact MJ Pierson by email at mjpier0410@aol.com, or by phone at 513-258-4784.

UU Booth at the FESTIVAL

Booth staffed in shifts from 9 a.m. to 8 p.m.

The Pride Festival takes place at Sawyer Point and Yeatman's Cove, 705 East Pete Rose Way, Cincinnati, OH 45202. It's once again free for everyone. There's food, drinks, vendors, and entertainment to fill your Saturday afternoon with fun. More information on the festival is on the Cincinnati Pride Festival information page at <https://www.cincinnatipride.org/festival.htm>

You can help people learn about Unitarian Universalism at the UU Booth! It's a lot of fun working a shift at the booth, talking with people, handing out information, and watching the crowd. There have been recent years in which our booth made contact with at least 700 people!

Here is a Sign-up Genius link

SignUpGenius: <https://tinyurl.com/CincyPrideUU2025>

For more information on working at the UU information booth, contact MJ Pierson at mjpier0410@aol.com, or call her at **513-258-4784**.

If you have questions on the day of the festival—including help in locating the booth—you can text MJ Pierson at the number above.



GNH Community Garden



GNH COMMUNITY GARDEN ... Calling all Gardeners!

It's time to start working on our Community Garden!

More information to come in the next Harbinger



THOUGHTS AND PRAYERS

**Please offer prayers and good thoughts
For all our members' and friends' peace and wisdom**

**Please contact Adrienne at ghnuu460@gmail.com
If you know of any member or friend with care needs.**



Ways to give to GNH

GNH is grateful for all those who have kept up with their pledges during the pandemic and days of virtual services.

As you know, there are several ways to give of your financial resources to GNH:

- Mail a check to GNH.
 - Ask your bank or credit union to mail a monthly check automatically. Many banks do not charge fees for this service. Check with your bank.
 - Set up monthly or quarterly automatic payments from your investment accounts. Talk to your financial adviser.
- ◇ Use our online giving app, Givelify. Set up your personal confidential account at <https://giv.li/phv85g>. Download the Givelify app to your smartphone using the Apple Store or Google Play. Once you have the app, donating to GNH is as easy as Tap. Give. Done. (Note that Givelify charges GNH a transaction fee of 2.9% on each transaction, so you may want to increase your online donation by a small percentage to compensate.)

NEWSLETTER POLICY (September 2008)

All items that appear in the Harbinger should be of general interest to the members and friends of GNH and be consistent with GNH's mission, purposes, and policies.

Newsletter submission should be as brief as possible, with a 500 word maximum. The editor has the right and responsibility to edit as needed to ensure conciseness and readability. The editor also has the right to delay publishing non-time-critical articles as available space may require.

The newsletter editor may refuse publication if a submission is considered inappropriate.

The editor shall consult with the minister and the Trustee who holds the communication portfolio for guidance in what shall be published.

Members of GNH shall have the choice to receive the Harbinger electronically or via paper mail. The newsletter shall be posted on the website. Do not submit names or contact information without the consent of other persons.

The Harbinger mailing list shall not be used for business purposes or for any type of mailings

The Gathering at Northern Hills, A Unitarian Universalist Community

**460 Fleming Road
Cincinnati, Ohio 45231**

**Phone: 513-931-6651
Email: gnhuu460@gmail.com**

OFFICE HOURS



NEXT Harbinger

**Our Next Harbinger will be
Tuesday, June 3, 2025**

**Please have all articles to the
office by
10 a.m. by the deadline, Monday,
June 2, 2025 before the
Harbinger is published.
Space can be
reserved on the rare occasion an
article needs to be late.**